

This reading plan is shaped to help us *individually* and *communally* discern what it is like to live under the rule and reign of King Jesus.

As you read the **FOUR Gospels**, ask the Spirit what the text reveals about King Jesus and his kingdom. Take note of how Jesus announces, illustrates, and demonstrates the presence of the kingdom. Ask God how you might participate with Him and others as a foretaste of this present kingdom.

In addition, each week you'll have the opportunity to digest timeless wisdom for daily living from the book of **Proverbs** (written by King Solomon [1-29], a man named Agur [30], and King Lemuel [31]).

Each week there will also be the opportunity:

1. To **pray** through a Psalm (or part of one)
2. To **prayerfully** put your faith into action as **missionary servants** in the world.

Finally, each day that you begin a **new** Gospel (or section within a Gospel—see the **bold dates**), there will be a short overview video that you'll receive via email to help you be more immersed in the story.



# EAT THIS BOOK

## Gospels Challenge

Learning to live together  
under the rule and reign of King Jesus



Name: \_\_\_\_\_

Download this plan @ [GRASSROOTScs.org](http://GRASSROOTScs.org)

## Notes or Thoughts

<b>January</b>			
<i>Done</i>	<i>Date</i>	<i>Read/Pray</i>	<i>Prayerful Movement</i>
	1-Jan	<b>READ</b>	<b>WEEK 1</b> How did Jesus enter into the world? How does that influence your view of God's Kingdom?  Pray for your view of God's Kingdom to be changed, if necessary, to a correct view as demonstrated through Jesus, God with us.
	2-Jan	Matt. 1-3 (4x) Prov. 1	
	3-Jan		
	4-Jan	<b>PRAY</b>	
	5-Jan	Ps. 1	
	6-Jan	Reflect	
	7-Jan		
	8-Jan	<b>READ</b>	<b>WEEK 2</b> Pray for your Fight Club.  If you are not part of a Fight Club, prayerfully consider joining or starting one.
	9-Jan	Matt. 4-7 (3x) Prov. 2	
	10-Jan		
	11-Jan	<b>PRAY</b>	
	12-Jan	Ps. 4	
	13-Jan	Reflect	
	14-Jan		
	15-Jan	<b>READ</b>	<b>WEEK 3</b> Pray for faith, like the Centurion in Matt. 8.  In what area(s) are you lacking faith? Ask God and others to help identify these.
	16-Jan	Matt. 8-10 (3x) Prov. 3	
	17-Jan		
	18-Jan	<b>PRAY</b>	
	19-Jan	Ps. 5	
	20-Jan	Reflect	
	21-Jan		
	22-Jan	<b>READ</b>	<b>WEEK 4</b> How is Jesus sending you and the GRASSROOTS family into the world this week?  How are you responding?
	23-Jan	Matt. 11-13 (4x) Prov. 4	
	24-Jan		
	25-Jan	<b>PRAY</b>	
	26-Jan	Ps. 8	
	27-Jan	Reflect	
	28-Jan		
	29-Jan	<b>READ</b>	<b>WEEK 5</b> Pray for your Gospel Community.
	30-Jan	Matt. 14-17 (3x) Prov. 5	
	31-Jan		

# Notes or Thoughts

<b>February</b>			
<i>Done</i>	<i>Date</i>	<i>Read/Pray</i>	<i>Prayerful Movement</i>
	1-Feb	<b>PRAY</b> Ps. 9	If you are not currently part of a Gospel Community, prayerfully consider joining one, and discuss it with someone.
	2-Feb		
	3-Feb	Reflect	
	4-Feb		
	5-Feb	<b>READ</b> Matt. 18-20 (4x) Prov. 6-7	<b>WEEK 6</b> How do you view Jesus now?  How is Jesus changing your perspective to be more accurate To the Jesus revealed in the gospel of Matthew?
	6-Feb		
	7-Feb		
	8-Feb	<b>PRAY</b> Ps. 11	
	9-Feb		
	10-Feb	Reflect	
	11-Feb		<b>WEEK 7</b> Pray for the GRASSROOTS family's leadership team.  Tell someone how they've meaningfully impacted your life for the gospel. Consider writing them a personal note of gratitude.
	12-Feb	<b>READ</b> Matt. 21-24 (3x) Prov. 8	
	13-Feb		
	14-Feb		
	15-Feb	<b>PRAY</b> Ps. 14	
	16-Feb		
	17-Feb	Reflect	<b>WEEK 8</b> Pray for unity in the Body of Christ in Colorado Springs  Pray for the Church to be more unified in heart and mission. How can you help that happen?
	18-Feb		
	19-Feb	<b>READ</b> Matt. 25-28 (3x) Prov. 9	
	20-Feb		
	21-Feb		
	22-Feb	<b>PRAY</b> Ps. 16	
	23-Feb		<b>WEEK 9</b> Pray to know God's mercy through Jesus' actions in Mark.
	24-Feb	Reflect	
	25-Feb		
	26-Feb	<b>READ</b> Mark 1-3 (4x) Prov. 10	
	27-Feb		
	28-Feb		

# March

Done	Date	Read/Pray	Prayerful Movement
	1-Mar	<b>PRAY</b> Ps. 18	One way to experience God's mercy is by extending it to others. Who around you needs to experience God's mercy this week?
	2-Mar		
	3-Mar	Reflect	
	4-Mar		
	5-Mar	<b>READ</b> Mark 4-6 (4x) Prov. 11	<b>WEEK 10</b> Pray for ears to hear the Spirit's voice.
	6-Mar		
	7-Mar		Is your heart receptive to the Spirit and soft to his voice or resistant? What needs to change this week?
	8-Mar	<b>PRAY</b> Ps. 19	
	9-Mar		
	10-Mar	Reflect	
	11-Mar		
	12-Mar	<b>READ</b> Mark 7-10 (3x) Prov. 12-13	<b>WEEK 11</b> Pray for sensitivity to the Spirit's guidance in your life.
	13-Mar		
	14-Mar		How can you purposefully listen to and obey the Spirit this week? Write it down.
	15-Mar	<b>PRAY</b> Ps. 22	
	16-Mar		
	17-Mar	Reflect	
	18-Mar		
	19-Mar	<b>READ</b> Mark 11-13 (4x) Prov. 14	<b>WEEK 12</b> If you examined your life currently, are you being a fruitful follower of Jesus?
	20-Mar		
	21-Mar		What kind of fruit has your life been producing lately? See the end of Galatians 5 for ideas.
	22-Mar	<b>PRAY</b> Ps. 23	
	23-Mar		
	24-Mar	Reflect	
	25-Mar		
	26-Mar	<b>READ</b> Mark 14-16 (4x) Prov. 15	<b>WEEK 13</b> Pray for the multiplication of Gospel Communities. Pray that this would happen by people coming to know King Jesus.
	27-Mar		
	28-Mar		
	29-Mar	<b>PRAY</b> Ps. 24	
	30-Mar		
	31-Mar	Reflect	

# December

Done	Date	Read/Pray	Prayerful Movement
	1-Dec	Reflect	
	2-Dec		
	3-Dec	<b>READ</b> John 9-12 (3x) Prov. 27	
	4-Dec		<b>WEEK 49</b> Pray for the GRASSROOTS family to mature in Christ.
	5-Dec		
	6-Dec	<b>PRAY</b> Ps. 119:145-152	This week, think specifically about how you can help this happen, and start or continue in this...
	7-Dec		
	8-Dec	Reflect	
	9-Dec		<b>WEEK 50</b> Pray for the multiplication of Gospel Communities.
	10-Dec	<b>READ</b> John 13-15 (4x) Prov. 28	
	11-Dec		
	12-Dec		
	13-Dec	<b>PRAY</b> Ps. 119:153-160	
	14-Dec		Talk to your GC leaders about how you can help with this. Pray for wisdom and insight for additional ideas and Gospel opportunities.
	15-Dec	Reflect	
	16-Dec		<b>WEEK 51</b> Pray for a deepening love for God for the GRASSROOTS family.
	17-Dec	<b>READ</b> John 16-18 (4x) Prov. 29	
	18-Dec		
	19-Dec		
	20-Dec	<b>PRAY</b> Ps. 119:161-168	
	21-Dec		Think of one or two ways to show practical love to others during this pre-Christmas week.
	22-Dec	Reflect	
	23-Dec		<b>WEEK 52</b> Pray for gospel opportunities this week.
	24-Dec	<b>READ</b> John 19-21 (4x) Prov. 30-31	
	25-Dec		
	26-Dec		
	27-Dec	<b>PRAY</b> Ps. 119:169-176	
	28-Dec		During this Christmas week look for ways to be the hands and feet of Jesus, and share the reality of his amazing love with someone.
	29-Dec	Reflect	
	30-Dec		
	31-Dec		

# November

Done	Date	Read/Pray	Prayerful Movement	
	1-Nov	<b>PRAY</b>	Let them know you are praying for them. Thank them for their leadership, even if they are hard to submit to.	
	2-Nov	Ps. 119:105-112		
	3-Nov	Reflect		
	4-Nov			
	5-Nov	<b>READ</b>	<b>WEEK 45</b> Pray for freedom in Christ. Not only freedom from areas of bondage due to sin, but also freedom (boldness) in sharing what He is doing in your life with those you encounter on a daily basis.	
	6-Nov	Luke 19-21 (4x) Prov. 22		
	7-Nov	<b>PRAY</b>		
	8-Nov			
	9-Nov			
	10-Nov	Reflect		
	11-Nov			
	12-Nov	<b>READ</b>		<b>WEEK 46</b> Pray for filling of the Spirit. Pray that God's Spirit would be increasingly in control of your heart and mind, resulting in fruit of the Spirit as described in Galatians 5.
	13-Nov	Luke 22-24 (4x) Prov. 23		
	14-Nov	<b>PRAY</b>		
	15-Nov			
	16-Nov			
	17-Nov			
	18-Nov	Reflect		
	19-Nov	<b>READ</b>	<b>WEEK 47</b> Pray for God to empower you to walk in love.  This week, how can you demonstrate godly love towards people who are hard to love?	
	20-Nov	John 1-4 (3x) Prov. 24-25		
	21-Nov	<b>PRAY</b>		
	22-Nov			
	23-Nov			
	24-Nov	Reflect		
	25-Nov			
	26-Nov	<b>READ</b>	<b>WEEK 48</b> Pray for boldness in the gospel.  Ask God for help to obey his co-mmission to make disciples. Talk about it with your GC or FC.	
	27-Nov	John 5-8 (3x) Prov. 26		
	28-Nov	<b>PRAY</b>		
	29-Nov			
	30-Nov			

# April

Done	Date	Read/Pray	Prayerful Movement
	1-Apr	Reflect	Talk to your FC about the Gospel.
	2-Apr	<b>READ</b> Luke 1-4 (3x) Prov. 16	<b>WEEK 14</b> Pray for your Fight Club.  If you are still not involved in a Fight Club, prayerfully consider joining or starting one this week.
	3-Apr		
	4-Apr		
	5-Apr	<b>PRAY</b>	
	6-Apr	Ps. 27	
	7-Apr	Reflect	
	8-Apr		
	9-Apr	<b>READ</b>	<b>WEEK 15</b> Is your heart hungry for the Word?  Pray for a growing passion for the Word in the GRASSROOTS family.
	10-Apr	Luke 5-8 (3x) Prov. 17	
	11-Apr	<b>PRAY</b>	
	12-Apr		
	13-Apr		
	14-Apr	Reflect	
	15-Apr		
	16-Apr	<b>READ</b>	<b>WEEK 16</b> Pray for the various leaders of our city: Colorado Springs.  How can you meaningfully bless your neighbors this week?
	17-Apr	Luke 9-11 (4x) Prov. 18-19	
	18-Apr	<b>PRAY</b>	
	19-Apr		
	20-Apr		
	21-Apr	Reflect	
	22-Apr		
	23-Apr	<b>READ</b>	<b>WEEK 17</b> Pray for your Gospel Community.  If you are not part of one, prayerfully consider joining one this week.
	24-Apr	Luke 12-14 (4x) Prov. 20	
	25-Apr	<b>PRAY</b>	
	26-Apr		
	27-Apr		
	28-Apr	Reflect	
	29-Apr		
	30-Apr	<b>READ</b>	<b>WEEK 18</b>

# May

Done	Date	Read/Pray	Prayerful Movement
	1-May	Luke 15-18 (3x) Prov. 21	Take a moment to ponder:  Who around you seems lost or alone, who could use a friend or listening ear? How could you connect with them over the next couple of weeks?
	2-May		
	3-May	<b>PRAY</b>	
	4-May	Ps. 36	
	5-May	Reflect	
	6-May		
	7-May	<b>READ</b> Luke 19-21 (4x) Prov. 22	<b>WEEK 19</b> Are you excited for how Jesus might use your life and the GRASSROOTS family?  Consider how God may be using our work for the kingdom.
	8-May		
	9-May	<b>PRAY</b> Ps. 39	
	10-May		
	11-May	Reflect	
	12-May		
	13-May	<b>READ</b> Luke 22-24 (4x) Prov. 23	<b>WEEK 20</b> Pray for selflessness in how you love people. Do something nice for someone in secret, not expecting praise or reward.
	14-May		
	15-May	<b>PRAY</b> Ps. 42	
	16-May		
	17-May	Reflect	
	18-May		
	19-May	<b>READ</b> John 1-4 (3x) Prov. 24-25	<b>WEEK 21</b> How has God blessed you and the GRASSROOTS family? How can we share that with others?  Share your ideas with the GRASSROOTS family!
	20-May		
	21-May	<b>PRAY</b> Ps. 45	
	22-May		
	23-May	Reflect	
	24-May		
	25-May	<b>READ</b> John 5-8 (3x) Prov. 26	<b>WEEK 22</b> Pray for a heart to help people in need in our city.
	26-May		
	27-May	<b>PRAY</b>	
	28-May		
	29-May		
	30-May		
	31-May		

# October

Done	Date	Read/Pray	Prayerful Movement
	<b>1-Oct</b>	<b>READ</b> Luke 1-4 (3x) Prov. 16	<b>WEEK 40</b> Pray for opportunities to share how the gospel is impacting your life.  Start with your Fight Club, then maybe share with a neighbor, or someone at the grocery store, etc.
	2-Oct		
	3-Oct	<b>PRAY</b> Ps. 119:73-80	
	4-Oct		
	5-Oct	Reflect	
	6-Oct		
	7-Oct	<b>READ</b> Luke 5-8 (3x) Prov. 17	<b>WEEK 41</b> Pray for your neighbors.  How can you meaningfully bless your neighbors or meet an obvious need this week?
	8-Oct		
	9-Oct	<b>PRAY</b> Ps. 119:81-88	
	10-Oct		
	11-Oct	Reflect	
	12-Oct		
	13-Oct	<b>READ</b> Luke 9-11 (4x) Prov. 18-19	<b>WEEK 42</b> Pray for endurance as you walk with God in obedience to him.  What are some "stubborn" areas you are aware of? Ask for God's help with those or to reveal new ones.
	14-Oct		
	15-Oct	<b>PRAY</b> Ps. 119:89-96	
	16-Oct		
	17-Oct	Reflect	
	18-Oct		
	19-Oct	<b>READ</b> Luke 12-14 (4x) Prov. 20	<b>WEEK 43</b> Pray for your Fight Club. Not part of one? Prayerfully consider joining or starting one.  Look around for someone who isn't in one, and invite them into yours.
	20-Oct		
	21-Oct	<b>PRAY</b> Ps. 119:97-104	
	22-Oct		
	23-Oct	Reflect	
	24-Oct		
	25-Oct	<b>READ</b> Luke 15-18 (3x) Prov. 21	<b>WEEK 44</b> Pray for your authority figures.
	26-Oct		
	27-Oct		
	28-Oct		
	29-Oct		
	30-Oct		
	31-Oct		

# September

Done	Date	Read/Pray	Prayerful Movement
	1-Sept	Reflect	Write out a prayer for someone, hand-deliver it/send snail mail.
	2-Sept		
	3-Sept	<b>READ</b> Mark 4-6 (4x) Prov. 11	<b>WEEK 36</b> Pray for spiritual renewal in our city: Colorado Springs
	4-Sept		
	5-Sept		
	6-Sept		
	7-Sept	<b>PRAY</b> Ps. 119:41-48	Take a walk in your neighborhood while praying for this.
	8-Sept	Reflect	
	9-Sept	Reflect	
	10-Sept	<b>READ</b> Mark 7-10 (3x) Prov. 12-13	<b>WEEK 37</b> Pray for God to reveal how you fit into the body of Christ.
	11-Sept		
	12-Sept		
	13-Sept		
	14-Sept	<b>PRAY</b> Ps. 119:49-56	Ask someone to help you discover this, and how they see you are gifted. Use those gifts for the sake of others!
	15-Sept	Reflect	
	16-Sept	Reflect	
	17-Sept	<b>READ</b> Mark 11-13 (4x) Prov. 14	<b>WEEK 38</b> Pray for God's blessing on our discipleship-making.
	18-Sept		
	19-Sept		
	20-Sept		
	21-Sept	<b>PRAY</b> Ps. 119:57-64	How can you obey Christ's co-mission and help in the discipleship-making process this week? Pray and ask others.
	22-Sept	Reflect	
	23-Sept	Reflect	
	24-Sept	<b>READ</b> Mark 14-16 (4x) Prov. 15	<b>WEEK 39</b> Pray for the multiplication of Gospel Communities.
	25-Sept		
	26-Sept		
	27-Sept		
	28-Sept	<b>PRAY</b> Ps. 119:65-72	Who isn't involved in a Gospel Community that you can invite into yours? (someone in GR family, neighbor, co-worker?)
	29-Sept	Reflect	
	30-Sept	Reflect	

# June

Done	Date	Read/Pray	Prayerful Movement
	1-June	Ps. 47	How can you meet the need of a neighbor or someone else who may be struggling this week?
	2-June	Reflect	
	3-June		Reflect
	4-June	<b>READ</b> John 9-12 (3x) Prov. 27	<b>WEEK 23</b> How have you struggled to trust God during hard circumstances?
	5-June		
	6-June		
	7-June		
	8-June	<b>PRAY</b> Ps. 51	Share this or something similar with your Fight Club or someone you are regularly in contact with and see what happens!
	9-June	Reflect	
	10-June	Reflect	
	11-June	<b>READ</b> John 13-15 (4x) Prov. 28	<b>WEEK 24</b> What does worshiping God look like in your life this week? Is it regular? Seldom? Begrudging? Free and flowing?
	12-June		
	13-June		
	14-June		
	15-June	<b>PRAY</b> Ps. 57	Take some time this week to worship God for who He is and what He has done.
	16-June	Reflect	
	17-June	Reflect	
	18-June	<b>READ</b> John 16-18 (4x) Prov. 29	<b>WEEK 25</b> Do you sense closeness with God, or distance?
	19-June		
	20-June		
	21-June		
	22-June	<b>PRAY</b> Ps. 62	Take some time to examine your heart and ask God to draw you closer, that you'd abide in Him and He in you...
	23-June	Reflect	
	24-June	Reflect	
	25-June	<b>READ</b> John 19-21 (4x) Prov. 30-31	<b>WEEK 26</b> Pray for maturity within the GRASSROOTS family. Pray that we would all grow into Christ's fullness together.
	26-June		
	27-June		
	28-June		
	29-June	<b>PRAY</b> Ps. 65	
	30-June	Reflect	



# July

Done	Date	Read/Pray	Prayerful Movement
	1-July	Reflect	
	<b>2-July</b>	<b>READ</b>	<b>WEEK 27</b> Pray for God's kingdom to come and his will to be done in Colorado Springs.
	3-July	Matt. 1-3 (4x) Prov. 1	
	4-July		
	5-July	<b>PRAY</b> Ps. 72	
	6-July		Walk through your neighborhood while praying this, maybe with someone else.
	7-July	Reflect	
	8-July		<b>WEEK 28</b> Pray to know Christ and make him known.  Be open this week to sharing Christ with someone you encounter, even if the thought <i>terrifies</i> you.
	9-July	<b>READ</b>	
	10-July	Matt. 4-7 (3x) Prov. 2	
	11-July		
	12-July	<b>PRAY</b> Ps. 84	Reflect
	13-July		
	14-July		
	15-July		<b>WEEK 29</b> Pray that God would help you lovingly submit to others in the body of Christ.  This week, instead of trying to express your opinion, focus on others' opinions.
	16-July	<b>READ</b>	
	17-July	Matt. 8-10 (4x) Prov. 3	
	18-July		
	19-July	<b>PRAY</b> Ps. 93	Reflect
	20-July		
	21-July		
	22-July		<b>WEEK 30</b> Pray for joy in and through Christ.  Joy can be found in thankfulness. What are some things and people in your life that you can thank God for and express joy over?
	23-July	<b>READ</b>	
	24-July	Matt. 11-13 (4x) Prov. 4	
	25-July		
	26-July	<b>PRAY</b> Ps. 103	Reflect
	27-July		
	28-July		
	29-July		<b>WEEK 31</b>
	<b>30-July</b>	<b>READ</b>	
	31-July	Matt. 14-17 (3x) Prov. 5	

# August

Done	Date	Read/Pray	Prayerful Movement
	1-Aug	<b>PRAY</b> Ps. 119:1-8	Pray for all the children in the GRASSROOTS family.
	2-Aug		How can you share Jesus' love with the little ones in our family this week?
	3-Aug		
	4-Aug	Reflect	<b>WEEK 32</b> Pray for marriages within the GRASSROOTS family.  Let one or more couples in the GRASSROOTS family know that you are praying for them.
	5-Aug		
	6-Aug	<b>READ</b>	Reflect
	7-Aug	Matt. 18-20 (4x) Prov. 6-7	
	8-Aug		
	9-Aug	<b>PRAY</b> Ps. 119:9-16	
	10-Aug		<b>WEEK 33</b> Pray for awareness of kingdom movement around you.  Discuss with your GC or FC how you or they see this happening around you.
	11-Aug		
	12-Aug		
	13-Aug	<b>READ</b>	Reflect
	14-Aug	Matt. 21-24 (3x) Prov. 8	
	15-Aug		
	16-Aug	<b>PRAY</b> Ps. 119:17-24	
	17-Aug		Reflect
	18-Aug		
	19-Aug		
	20-Aug	<b>READ</b>	<b>WEEK 34</b> Pray that God would help you walk in purity of body and mind.  Are there any areas of your life that are hidden from everyone? Confess them this week.
	21-Aug	Matt. 25-28 (3x) Prov. 9	
	22-Aug		
	23-Aug	<b>PRAY</b> Ps. 119:25-32	
	24-Aug		Reflect
	25-Aug		
	26-Aug		
	<b>27-Aug</b>	<b>READ</b>	<b>WEEK 35</b> Pray for your Gospel Community.  Not part of one? Prayerfully consider joining one this week.
	28-Aug	Mark 1-3 (4x) Prov. 10	
	29-Aug		
	30-Aug	<b>PRAY</b> Ps. 119:33-40	
	31-Aug		